



# VICTORY TIDEN

May 2024  
Published 12 Times Annually

Vol. LIX No. 5  
Victory Lodge No. 6-43

## Calendar of Events:

|     |       |   |      |    |              |
|-----|-------|---|------|----|--------------|
| May | 12    | Happy Mother's Day                      | June | 14 | Flag Day     |
|     | 17    | Syttende Mai/Constitution Day in Norway |      | 15 | Social       |
|     | 18    | Lodge Social –Train Ride                |      | 16 | Father's Day |
|     | 24-27 | Memorial Weekend/Camp Norge             |      |    |              |

**Meetings and Events are being scheduled month to month. Watch the Tiden**

---

## PRESIDENT'S MESSAGE

There were seven of us meeting at the **Buttercup** thanks to Linda for setting it up. They put us in a back room so it was very loud so we could talk with no problem. If you're looking for a place to have Breakfast, Lunch or Dinner I highly recommend the **Buttercup** it was good, and the service was good.

The reason the social was moved was that I couldn't attend the regular Saturday. I'm a member of Solano Counties Search and Rescue team. I was attending a joint Mock Search and Rescue training weekend up at Knoxville OHV Park with other SAR teams.

Remember May 17<sup>th</sup> is coming up this month.

**Constitution Day** is the national day of Norway and is an official public holiday observed on 17 May each year. Among Norwegians, the day is referred to as **Syttende mai** ("Seventeenth of May"), *Nasjonaldagen* ("National Day"), or *Grunnlovsdagen* ("Constitution Day"), although the latter is less frequent.

The Norwegians will often celebrate with big parades with everyone dressed up in their special outfit (bunad). People eat hot dogs, waffles and ice cream and the children play playground games.

So, I'm heading to the ice cream shop for some ice cream.  
*Syttende mai*

Don't forget and follow the instructions for our May social we will be going to the Western Railroad Museum for a train ride.

Ron

**EDITOR:** Lotte Sather  
(707) 374-1384  
rgransather@aol.com

**PRESIDENT:** Ronald Dill  
(707) 553-8987  
rondill47@gmail.com

**VICE PRESIDENT** Shirley Albertson  
(707) 643-9185  
albertson929@gmail.com

**SECRETARY:** Lotte Sather, Acting Secretary  
(707) 374-1384  
rgransather@aol.com

**SONS OF NORWAY INTERNATIONAL: "sofn.com"**  
**SEE OUR WEBSITE:** "victory.sofn6.org"  
**SEE US ON FACEBOOK: "Victory Lodge"**  
**DISTRICT SIX:** www.sofn6.org  
**DISTRICT SIX ZONE 2 DIRECTOR:** Craig Dill  
(707) 552-3925 cragar38@sbcglobal.net

**SONS OF NORWAY INSURANCE PROFESSIONAL**  
Adrienne Lincoln (530) 470-6070  
alindcoln2048@comcast.net

**CAMP NORGE:** Call (530) 389-2508  
Website [www.campnorge.org](http://www.campnorge.org)

**CAMP NORGE AMBASSADOR:** Lotte Sather

**EDITOR'S CORNER**

If you want to receive your Tiden by email and in color, send your email address and name to me at rgransather@aol.com

Please send me your messages, stories or recipes by email or US Mail no later than June 26th to be printed in the July 2024 Tiden. This will allow Convention reports to be printed.

Hope to see you at the May 18th Train Ride social Tusen takk for your support.  
Lotte

**GRATELERER MED DAGEN**

**May Birthdays**  
7 Donna Severson  
10 Ruth Costa  
19 Evelyn Sammons  
26 Alice Strand  
29 Erik Sather

**No May Anniversaries**



**VICTORY ROSEMALERS**

Our Rosemalers continue to meet Mondays via Zoom. Contact Lotte 707 374-1384 if you want to join us or just visit with your coffee.

**SUNSHINE**

If you know of a member who is ill or has lost a loved one, please contact Lotte Sather at 707 374-1384 or email rgransather@aol.com so a card can be sent.

Gratulerer med dagen!  
Happy Syttende Mai!  
Hipp hipp hurra!

**SOCIAL DIRECTOR MESSAGE**

Hello lodge members and friends, Saturday April 27th the below members met at The ButterCup Diner in Vallejo for lunch. They were lucky enough to get the big meeting room. It was nice and quiet, the rest of the restaurant was pretty noisy. Lunch and the service was amazing, everyone received separate checks as requested. So maybe we can all meet here again sometime.

Ron Dill, Craig Dill, Ric Dill, Linda and Ken Reed, Shirley Albertson, Ruth Costa

Saturday May 18th  
Pack your lunch, grab a friend and head on down to the  
**"Western Train Museum"**  
**5848 CA-Highway 12**  
**East of Suisun City**

**We are leaving on the 12:30 pm train**  
**The train boards at 12:15 and leaves at 12:30 pm. For a 60 minute train ride. Please purchase your train ticket online before you arrive. Just to assure you get a ticket and they don't sell out. You can also purchase a ticket at the station too. The tickets cost \$17.00, the ticket price does not include your lunch. You can buy lunch at the restaurant on the property or just bring a sack lunch your choice.**

<https://embed.prod.simplerix.com/a8ffd797-069e-410f-bafe-f5e3ed88c6dd/144501>

The link above is a link to buy your tickets.

Please plan to arrive buy 12:00 noon or earlier. The train will start to board at 12:15 pm  
Hope to see everyone at the Train Station!!!

Blessings Donna



**MEMBERSHIP BENEFIT – LIFE INSURANCE**

Have you ever typed "affordable life insurance" into your browser, only to find yourself drowning in information overload? The sheer volume seems insurmountable and overwhelming.

As a Sons of Norway member, you don't have to navigate this maze alone. Membership comes with the invaluable benefit of access to a dedicated Insurance Professional. They can help you decipher the complexities of financial options and find a solution tailored to your needs and those of your family.

Don't waste precious time sifting through endless search results on Google. Instead, take advantage of this membership perk and call us to get in touch with a professional in your area. Find an agent near you at [www.sofn.com](http://www.sofn.com) in the Financial Products section.  
*From Sons of Norway Newsletter Service*

**MESSAGE FROM ZONE 2 DIRECTOR**

On the 20th of this month, a Saturday, I attended the 40<sup>th</sup> Anniversary Sacramento Scandinavian Festival. It was packed with hundreds of people. There was a large parking lot that was full of with some parking several blocks away down the adjoining streets. “I lucked out and found a parking spot in the facilities parking lot”. There were many vendors selling Scandinavian items and much more. There were our Sons of Norway information booths for the Sacramento Lodge and Camp Norge. The Sacramento SofN lodge was selling fish soup and lefse as their fundraiser. There were also booths representing Denmark, Sweden, Iceland, Norway, and Finland. Some of these organizations were also selling one type or another of Scandinavian food. They were also selling handmade items, cookies, and other sweets. By 1 o'clock most of the food was almost gone, and the sweets were sold out. Time for me to leave! However, after I left the folk dancing started. I missed that. Some of the dancing was posted on the SofN Facebook page by others.

On the 21<sup>st</sup> of this month, Sunday, I was off to offer my services at Camp Norge for the annual scheduled work party. The weather was great! There were several eager volunteers in attendance from various SofN lodges. We all were assigned tasks/jobs and went out throughout the day doing our best to accomplish our jobs. An Oakland lodge member helped me erect and fix the Camp Norge sign that is right off the freeway. We all took a break for lunch, that was provided, and continued with a new set of jobs for the afternoon. Everything went smooth except for, ... when one of us was looking into a piping’s leaky water valve that is connected to and downhill from the 15,000-gallon water tanks up the hill that are required for water reserve storage for any possible firefighting if needed. The pipe broke off and all 15,000 gallons of water from the tanks emptied, flooding the area behind the Heritage Hall. No, it wasn’t me that broke the pipe! After a time the flood water drained away. They decided that they’ll get that valve fixed another day. At about 5 PM, it was time to stop our efforts. Time for us to leave. We were offered Pizza for a dinner meal for all our work, but we all chose to leave instead since we all had to drive quite a distance to our homes.

Craig Dill  
District Six Zone 2 Director

**CAMP NORGE**

The Camp Norge newsletter “Camp Connection” has been sent to all who have given their email in District Six. If you have not received it and want a copy, contact me.

Activities:

Memorial Weekend May 24—27. This District wide camp out is a perfect way to kick off your summer. If you need more info see flyer in this or last month’s Tiden District Six Language Heritage Camps for kids June 30—July 13 for 14 to 17 year olds and July 14—27 for 8 to 13 year olds.

*Continued next column*

*CAMP NORGE, continued*

Kretsstevne August 30-September 2 “The Gathering of the Clan sponsored by Zones 1,2, and 3.

Camp Oldfjell September 21-24 is for adults with four days of classes.

All above information is available on line at the District Six website and in the Camp Norge newsletter.

Lotte Sather, Camp Norge Ambassador



**HELP BUILD THE “HYGGE HUS” AT CAMP NORGE!**

The 2024 fundraising campaign to build the “Hygge Hus” (Cozy House) cottage adjacent to Heritage Hall at Camp Norge is in full swing!

Our dream is to build these fully accessible units will ensure inclusivity for individuals using wheelchairs and walkers.

But we need your help!

We need your support to make the Hygge Hus a reality. Let’s come together to build the Hygge Hus and make Camp Norge a haven for all, regardless of age or ability.

Phase one goal is to raise \$50,000 to confirm feasibility and prepare the site.

We’ve already raised over \$16,000 but we need your generous support.

Make your donation TODAY. Go to our Go Fund Me Campaign, online at <https://gofund.me/62ff9cf7>.

For more information, contact any member of the Camp Norge Board, or Fred Hymans: [fred.hymans@campnorge.org](mailto:fred.hymans@campnorge.org)

**VICTORY LODGE MEMBERSHIP PIN WINNERS 2023**

- 5 years joining in 2018  
Stephen Borlaug  
Lars Sather
- 10 years joining in 2013  
Pati Simon
- 20 years joining in 2003  
Greg Anderson  
Susan Ferguson  
Kristen Johannessen  
Richard McKeever  
Giulie Miller
- 25 years joining in 1998  
Betty Guy  
Linda Reed
- 55 Years joining in 1968  
Alice Strand

Longevity pins were earned as of December 31, 2023. Pins have been awarded to those who attended our Anniversary lunch in March and mailed to those who could not attend.

**SEWING START-UP MAKES FOLK COSTUMES ACCESSIBLE AND GREEN**

Norwegian bunads are famously a major investment that can run from \$3,000-\$5,000, depending on the region and what extent of silver jewelry is involved.

Thanks to a sewing start-up called Fæbrik, showing your fashion sense and cultural pride just got a lot more accessible. According to [flok.com](http://flok.com), the group was born out of necessity- four friends, Jenny Skavlan, Ingrid Bergtun, Mari Norden, and Ingrid Vik Lysne needed a studio space, and once they were in the same room, the ideas started to flow.

The foursome got to work making accessible patterns to help people sew their own festdrakt (or unofficial folk costume) out of recycled fabrics. The beauty of the fæst-drakt is that it is based on re-use, and there are no rules, unlike the stricter requirements of an official bunad. Do you prefer to wear fuchsia? Tassels and pompoms? Your fæstdrakt can be made in any hue, pattern or texture to suit your personal style and shape.

Fæbrik (a wordplay on the English “fabric” and the Norwegian word for “factory”) also makes downloadable patterns, step-by-step videos and offer user-friendly tailoring tips so that each person can create their ideal fit.

Just like that, a pair of lace curtains gain new life as an apron, and a hand-stitched pillowcase is reimaged as a vest. The group has hosted fæstdrakt parades in Oslo’s Frogner Park-

see the photos in [Aftenposten](http://Aftenposten) in the pattern for the myriad ways to express one’s creativity in this modern take on a folk costume. Find examples of patterns here: <https://faebrik.no/products/faestdrakt>



From Sons of Norway Newsletter Service

**NEW KRONE DESIGN REVEALED**

Norway’s 20 krone coin has gotten a new look! To commemorate the 750 years since King Magnus VI proclaimed the third nationwide legal code in 1274, a call went out for design submissions.

The winner of that competition was Michael Guilfoyle, an already established coin designer who runs his own coin and metal trade business in Wales. The 60-year-old Welshman was tipped off by a Norwegian friend about the contest and made his submission despite some stiff competition from Norwegian competitors.

Guilfoyle’s design for the krone ultimately won out because of the way it linked the Middle Ages to the present and symbolizes the “legislation’s significance for the country.” The coin features an image of King Magnus on horseback, carrying the scales of justice and a shield, to represent the Law of the Land, or landsloven.

The new coin was revealed at the museum of Cultural History in Oslo, with Michael and his wife in attendance. It went into circulation February 1 of this year

From Sons of Norway News Service.



SYTTENDE MAI—MAY 17—CONSTITUTION DAY Norway will celebrate with parades, parties and food on May 17th. Below is a picture of a previous year’s parade down Karl Johans Gate to the Royal Castle in Oslo.



## MUSIC THAT GIVES HALLGRIM BERG SPEEDING TICKETS

Kenneth de Gala from Kongsberg has so far cost politician, author, musician and humorist Hallgrim Berg a whopping 6,500 kroner [roughly 600 US dollars].

Berg readily admits this, in a record review he sent to the newspaper *Laagendalsposten*:

"The reason is: Every time I've put on his CD in the car on the way to Oslo, I've been ushered into a traffic control stop. I forget myself, get carried away by the nice music, press too hard on the gas pedal - and then, suddenly, the police are motioning to me to pull over.

The first time it was the *springar* Hølje Tresk that shone through the loudspeakers as I passed through the center of Sokna at lightning speed.

It's not so easy to control yourself when this driving *slått* [folk tune] is going full blast!

I imagined I was at a folk music competition, sitting and reminiscing in my seat in waves of 3/4 time. But then! Just beyond the bridge, on the way out of the city center, stood a guy with a brimmed hat who politely claimed that I had driven at 61 kilometers per hour. 1,600 kroner outright. [\$150]

It was worse, a couple of weeks later. Early one morning I was on my way to my book publisher in Oslo, in a brisk drive down the valley. I put on at Kenneth's album just after Nesbyen, playing it loudly, getting pumped up by Gjestebodsgubben. When this rousing sound entered the car, I let the *springar* drown out everything else. I nodded to the beat of a *halling*, an intense theme, with brilliant playing, applying imperceptibly increasing pressure on the pedal...

And then! Nooo, darn it! In a stretch of forest along Lake Krødern, without a house or a human to be seen—and yet a 70 kph [43 mph] zone—a large man in uniform sprang out and directed me to the side. "Berg, you were doing 102 in town in a 70 zone, that's a fine of 4,900 kroner. [63 in a 43 mph zone, a \$450 fine]

To be safe, I have now taken the album up to the mountains and left it at the cabin. I think it's great that there is a vital folk music environment that cultivates solo playing without too much arranged fiddle-faddle. Hardanger fiddling is an art form in itself.

Kongsberg folk music and dance group, which develops such talent in dance and music deserves a big thank you.

### Music Links:

[https://www.youtube.com/playlist?list=OLAK5uy\\_nzZSuRPHLwCeakU0XldLOXGXoejK8jbls](https://www.youtube.com/playlist?list=OLAK5uy_nzZSuRPHLwCeakU0XldLOXGXoejK8jbls)

<https://open.spotify.com/album/6kZiDwJwdmMc699UwikFp7>  
<https://music.apple.com/us/artist/kenneth-de-gala/299859296>

From Sons of Norway Newsletter Service

## KVIKK LUNSJ WITH APPLES AND MASCARPONE CREAM

Why not add another excuse to the list to eat a delicious Kvikklunsj? by Tina Nordström

Kvikklunsj is just about as Norwegian as you can get, and very popular after skiing trips and hikes in the mountains.

There are many national versions of Kvikklunsj all over the world. Not exactly the same, but the American version is called KitKat.

Serves 4

### INGREDIENTS:

3 apples, peeled and coarsely chopped  
 2 lemons  
 4 Tbsp. powdered sugar  
 1 tsp. ground cardamom  
 3/4 cup or 2 dl mascarpone  
 4 KitKats (4 Kvikklunsj), coarsely chopped

### PREPARATION:

Put the apples in a saucepan with 2 Tbsp. powdered sugar, cardamom and the juice from the two lemons. Bring to the boil with the lid on and allow it to simmer for 2-3 minutes. Mash the compote using a whisk and cool.

Whisk the mascarpone and 2 Tbsp. powdered sugar together.

Serve the apple compote and mascarpone cream topped with the coarsely chopped KitKat (Kvikklunsj).

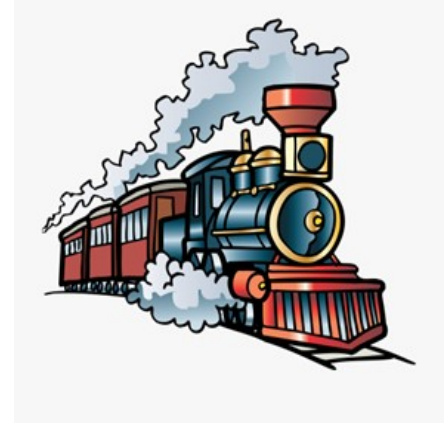
Recipe source: <https://www.newscancook.com/dessert/qz5vde1bu0zfp7s3x82ds5kcwd0bhc>

From Sons of Norway Newsletter Service

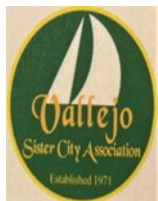


May 12th celebrate  
all Mothers!

VICTORY LODGE 43 INVITES YOU  
 TO JOIN US FOR A TRAIN RIDE TO  
 CELEBRATE SYTTENDE MAI  
 MAY 18 AT 12:00 NOON  
 Western Train Museum"  
 5848 CA-Highway 12  
 East of Suisun City



We are taking the 12:30 train, which loads at 12:15.  
 Vacaville Lodge has been invited to join us.  
 See Social Director's column for info on how to buy tickets  
 Bring your lunch or eat at the café.  
 Bring a family member or friend .  
 Please RSVP, so we have a head count, to  
 Donna 707 815-8698 or Linda Reed 707-255-8620



**Trondheim, Norway**

Vallejo Sister City Since 1960

Be a Member – Strengthen the Ties  
 Vallejo Sister City Association  
 P.O. Box 3364  
 Vallejo. CA 94590-0366



**SONS OF NORWAY MISSION STATEMENT**

The mission of Sons of Norway is to provide quality insurance and financial products to our members, promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Nordic countries.  
*New Revised 2024*

**DISTRICT SIX MISSION STATEMENT**

The mission of the District Six Board of Directors is to inspire the preservation of Norwegian heritage: provide information on the Financial, Fraternal, and Foundation programs of Sons of Norway; and to support District Six lodges and members through communications, programs resources and opportunities.  
*New Revised March 2024*

